

# Virtues

## Theological Virtues

- 1) **Faith** - fortitude, forbearance, strength, endurance, and the ability to confront fear, uncertainty, and intimidation.
- 2) **Hope** - we desire the kingdom of heaven and eternal life as our happiness, placing our trust in Christ's promises and relying not on our own strength, but on the help of the grace of the Holy Spirit.
- 3) **Charity (Love)** - we love God above all things for his own sake, and our neighbor as ourselves for the love of God.

## Cardinal Virtues

- 1) **Prudence** - the ability to discern the appropriate course of action to be taken in a given situation at the appropriate time.
- 2) **Temperance** - the practice of self-control.
- 3) **Fortitude (Courage)** - Strength, Endurance, and the ability to confront fear, uncertainty, and intimidation.
- 4) **Justice** - moral virtue that consists in the constant and firm will to give their due to God and neighbor.