



**Saint Frances Cabrini Parish**  
**Martha's Cupboard**  
**Suggested Donations**

**Specifically needed near the holiday seasons:**

Yams	Corn	Carrots
Instant Potatoes	Box Stuffing	Pineapple
Fruit Cocktail	<i>Small or medium sized items preferred</i>	

**Quickly depleted items:**

Canned Fruit	Mixed Vegetables	
Coffee: Regular/Decaf	Ground/Instant	K-Cups
Teas	<i>We also accept Ensure and Glucerna</i>	

**Canned Vegetables:**

Mixed	Beets	Carrots
Green beans	Peas	Corn
Potatoes	Soups: Any, especially chunky with meat	

**Meats & Meals:**

Chicken	Ham	Spam
Beef stew	Tun	Mac & Cheese
Hormel Complete Meals	Chili - with or without meat	

**Beans:**

Kidney	Cannellini	Great Northern
Chick Peas	Baked Beans	Pork n Beans

**Sauces:**

Tomato	Diced Tomatoes
Spaghetti Sauce with or without meat	

**Rice (Bagged or Boxed):**

Flavored	White	Brown
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**Condiments:**

Mayo	Mustard	Ketchup
Barbeque Sauce	Salt	Pepper

**Snacks:**

Fruit Snacks	Pretzels	Jello Snack Packs
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**Other Food Items:**

Fruit of any kind	Jarred applesauce	Instant Potatoes
Peanut Butter	Jelly	
Cereal: All kinds, all sizes, hot and cold		

**Paper Products:**

Paper Towels	Toilet Tissue	Boxed Tissues
Napkins		

**Other Items:**

Liquid Hand Soap	Dish Soap	Laundry Detergent
Toothpaste	Bar Soap	

**Thank you for providing what you can.**