

## Martha's Cupboard - Manna Bags

PLEASE BE SURE ITEMS ARE **NOT EXPIRED**

### For Thanksgiving Bags

Fruit Cocktail  
Corn (Canned)  
Turkey/Chicken Gravy  
Cranberry Sauce

Stuffing boxes  
Instant Boxed Potatoes  
Cream of Mushroom Soup (cans)  
Yams (med cans)



### Quickly Depleted Items:

Tuna  
Soup  
Canned Vegetables (Corn, Peas, Carrots)  
Pasta

Jelly  
Boxed Cereal  
Tomato Sauce

Peanut Butter

Rice

### Meats & Meals:

Chef Boyardee/Spaghettios  
Tuna

Canned Pasta  
Beef Stew

Hormel Compleats  
Canned Chicken/Ham/SPAM

### Soups:

Any Soup Types - Condensed, Chunky, Progresso, Ramen, etc

### Rice:

Rice (5oz to 16oz bags)

Rice Mixes (Knorr, Rice-a-Roni, Ben's, Near East, etc)

### Cereal:

Boxed Cereal

Instant Oatmeal

### Pasta & Sauces:

Boxed Pasta  
Boxed Mac n Cheese

Tomatoes/Spaghetti Sauce (cans or jars)

### Fruit:

Canned Fruit, all types

### Canned Vegetables:

Corn  
Mixed Vegetables

Carrots  
Green Beans

Peas

### Beans:

Canned Beans (Kidney, Pinto, Garbanzo, Baked, etc)

### Coffee & Tea:

Regular/Decaf - Ground/Instant, KCups

Tea Bags

### Paper Products:

Toilet Tissue

Paper Towels

Tissues      Napkins

### Personal Products:

Laundry Detergent  
Toothpaste

Dish Detergent  
Shampoo

Liquid Hand Soap  
Bar Soap

### Snacks: Individually Wrapped and Small Sizes

Fruit Snacks  
Chips/Pretzels (single serving)

Cheese Crackers

Granola Bars